

## SVRCS October Lunch Menu

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Grilled Cheese Sandwich 1 Tomato Soup Cucumber Slices Assorted Canned Fruit Fresh Fruit  *Roast Beef Hoagie	Walking Taco 2 w/Meat, Cheese, Lettuce & Tomato Black Beans Assorted Canned Fruit Fresh Fruit  *Buffalo Chicken Wrap	Chicken & Waffles 3 Mashed Potatoes Mixed Vegetables Assorted Canned Fruit Fresh Fruit  *Bologna & Cheese Sandwich	<u>"Breakfast for Lunch"</u> 4 French Toast Sticks Sausage Patty & Scrambled Eggs Hash Browns Glazed Carrots Assorted Canned Fruit Fresh Fruit  *Turkey & Cheese BLT Sandwich	Cheese Pizza 5 Tossed Salad Seasoned Corn Assorted Canned Fruit Fresh Fruit  *Grilled Chicken Patty
Cheeseburger on a Roll 8 French Fries Baked Beans Assorted Canned Fruit Fresh Fruit  *Hot Dog on a Bun	Salisbury Steak 9 w/Buttered Noodles Seasoned Green Beans Dinner Roll Assorted Canned Fruit Fresh Fruit  *Chicken Parmesan Sandwich	Fish & Chips 10 w/Dinner Roll Coleslaw Mixed Vegetables Assorted Canned Fruit Fresh Fruit  *Turkey Club	Big Daddy Pizza 11 Tossed Salad Glazed Carrots Assorted Canned Fruit Fresh Fruit  *Roast Beef Hoagie	<b>No School</b>
Hog Dog w/Ch. Sauce on a Roll 15 Waffle Fries Baked Beans Assorted Canned Fruit Fresh Fruit  *Italian Flatbread	Chicken Nacho's 16 w/Lettuce & Tomatoes Broccoli w/Dip Assorted Canned Fruit Fresh Fruit  *Meatball Sub	Open Faced Hot Beef Sand. 17 Mashed Potatoes Green Beans Assorted Canned Fruit Fresh Fruit  *Grilled Chicken Ranch Wrap	Popcorn Chicken & Roll 18 Seasoned Corn Steamed Carrots Assorted Canned Fruit Fresh Fruit  *Turkey & Cheese Sandwich	Cheese Pizza 19 Caesar Salad Seasoned Mixed Vegetables Assorted Canned Fruit Fresh Fruit  *PBJ Sandwich
Chicken Patty on a Roll 22 French Fries Coleslaw Assorted Canned Fruit Fresh Fruit  Turkey & Cheese BLT Wrap	Sloppy Joe on a Roll 23 Baked Potato Glazed Carrots Assorted Canned Fruit Fresh Fruit Fresh Fruit  *Ham & Cheese Hoagie	Spaghetti w/Meat Sauce 24 Tossed Salad w/Tomatoes Steamed Broccoli Assorted Canned Fruit Fresh Fruit  *Hamburger on a Roll	Chicken Nuggets & Roll 25 Seasoned Corn Baked Beans Assorted Canned Fruit Fresh Fruit  *Italian BLT Sandwich	Shrimp Poppers 26 Side of Mac & Cheese Spinach Salad California Blend Assorted Canned Fruit Fresh Fruit  *French Bread Pizza
Western Burger 29 Sweet Potato Fries Steamed Broccoli Assorted Canned Fruit Fresh Fruit  *Chicken Patty on a Roll	Macho Nacho's 30 W/Meat, Cheese, Lettuce & Tomato Black Beans Assorted Canned Fruit Fresh Fruit  *Roast Beef Wrap	General Tso Chicken 31 with Rice Oriental Vegetables Cucumber Slices Assorted Canned Fruit Fresh Fruit  *Turkey & Cheese Hoagie	<b>No School</b>	<b>No School</b>

**\*Alternate Choice**

A Chef Salad is offered daily

Carrots Sticks are offered daily

All lunches include 1/2 pint of FF Chocolate, FF Strawberry, or 1% White Milk

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