

SVRCS September Lunch Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
3 No School	4 Western Burger Sweet Potato Fries Steamed Broccoli Assorted Canned Fruit Fresh Fruit *Chicken Patty on a Roll	5 Macho Nacho's w/Meat, Cheese, Lettuce & Tomato Black Beans Assorted Canned Fruit Fresh Fruit *Roast Beef Wrap	6 "Breakfast for Lunch" Pancakes Sausage Patty & Scrambled Eggs Hash Browns Glazed Carrots Assorted Canned Fruit Fresh Fruit *Hot Ham & Cheese Croissant	7 White Chicken Pizza Tossed Salad Celery w/Peanutbutter Assorted Canned Fruit Fresh Fruit *Tuna Salad Sandwich
10 Corn Dog Nuggets Waffle Fries Broccoli w/Dip Assorted Canned Fruit Fresh Fruit *Chicken Patty on a Roll	11 Soft Shell Taco's w/Lettuce & Tomato Mixed Vegetables Refried Beans Assorted Canned Fruit Fresh Fruit *Fish Sandwich	12 Popcorn Chicken Bowl w/Mashed Potatoes, Corn & Gravy Dinner Roll Assorted Canned Fruit Fresh Fruit *Pork Rib Patty on a Roll	13 Beef Fajita w/Cheese, Peppers & Onions Tater Tots Assorted Canned Fruit Fresh Fruit *Chicken Cheesesteak Flatbread	14 Breadsticks w/Marinara Tossed Salad w/Tomatoes Steamed Carrots Assorted Canned Fruit Fresh Fruit *Roast Beef Sandwich
17 Hot Ham & Cheese on Pretzel Potato Puffs Glazed Carrots Assorted Canned Fruit Fresh Fruit *Bacon Cheese Burger on a Roll	18 Chicken Drumstick Buttered Noodles Corn Cobbetts Tomato Cups w/Dip Assorted Canned Fruit Fresh Fruit *Turkey & Cheese Hoagie	19 Breaded Pork Chop w/Macaroni & Cheese Seasoned Mixed Vegetables Celery Sticks Assorted Canned Fruit Fresh Fruit *Grilled Chicken Patty	20 Chicken Tenders & Roll Baked Potato Baked Beans Assorted Canned Fruit Fresh Fruit *Bologna & Cheese Sandwich	21 Pepperoni Pizza Caesar Salad Steamed Broccoli Assorted Canned Fruit Fresh Fruit *Beef BBQ on a Roll
24 Cheese Steak Hoagie w/Lettuce & Tomato French Fries Broccoli w/Dip Assorted Canned Fruit Fresh Fruit *Grilled Chicken Patty on a Bun	25 Hard Shell Taco's w/Meat, Cheese, Lettuce & Tomato Refried Beans Assorted Canned Fruit Fresh Fruit *Pork Rib Patty on a Roll	26 Chicken Alfredo w/Dinner Roll Seasoned Green Beans Tossed Salad/Dressing Assorted Canned Fruit Fresh Fruit *Philly Cheesesteak Flatbreak	27 Hot Dog on a Roll Potato Wedges Steamed Carrots Assorted Canned Fruit Fresh Fruit *Italian Wrap	28 Hawaiian Pizza Caesar Salad Seasoned Corn Assorted Canned Fruit Fresh Fruit *Egg Salad on a Croissant

***Alternate Choice**

A Chef Salad is offered daily

Carrots Sticks are offered daily

All lunches include 1/2 pint of FF Chocolate, FF Strawberry, or 1% White Milk

Non-discrimination Statement: "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.