

SVRCS September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Corn Dog Nuggets Potato Puffs Glazed Carrots Assorted Canned Fruit Fresh Fruit *Bacon Cheese Burger on a Roll	2 Hot Ham & Cheese on Pretzel Waffle Fries Broccoli w/Dip Assorted Canned Fruit Fresh Fruit *Chicken Patty on a Roll	3 Soft Shell Taco's w/Lettuce & Tomato Steamed Carrots Refried Beans Assorted Canned Fruit Fresh Fruit *Fish Sandwich	4 Popcorn Chicken Bowl w/Mashed Potatoes, Corn & Gravy Dinner Roll Assorted Canned Fruit Fresh Fruit *Pork Rib Patty on a Roll	5 Chili w/ Sandwich Oriental Vegetables Steamed Carrots Assorted Canned Fruit Fresh Fruit *Meatball Hoagie
8 Western Burger French Fries Broccoli w/Dip Assorted Canned Fruit Fresh Fruit *Bean Chile w/Sandwich	9 Pork BBQ Nacho's w/Lettuce & Tomato Seasoned Corn Tomato Cups w/Dip Assorted Canned Fruit Fresh Fruit *Turkey & Cheese Hoagie	10 Baked Meatloaf w/Macaroni & Cheese Seasoned Mixed Vegetables Celery Sticks Assorted Canned Fruit Fresh Fruit *Grilled Chicken Patty	11 Chicken Nuggets & Roll Seasoned Corn Baked Beans Assorted Canned Fruit Fresh Fruit *Ham & Cheese Croissant	12 Pepperoni or cheese Pizza Caesar Salad Steamed Broccoli Assorted Canned Fruit Fresh Fruit *Beef BBQ on a Roll
15 Grilled Cheese Sandwich Tomato Soup Cucumber Slices Assorted Canned Fruit Fresh Fruit *Chicken Quesadilla	16 Walking Taco w/Meat, Cheese, Lettuce & Tomato Refried Beans Assorted Canned Fruit Fresh Fruit *Pork Rib Patty on a Roll	17 Chicken Alfredo w/Dinner Roll Seasoned Green Beans Tossed Salad/Dressing Assorted Canned Fruit Fresh Fruit *Philly Cheesesteak Flatbreak	18 Hot Dog on a Roll Potato Wedges Steamed Carrots Assorted Canned Fruit Fresh Fruit *Chicken Salad Sandwich	19 Pierogie Casserole Caesar Salad Seasoned Corn Assorted Canned Fruit Fresh Fruit *Grilled Chicken Patty
22 Cheeseburger on a Roll French Fries Baked Beans Assorted Canned Fruit Fresh Fruit Bologna and Cheese Sandwich	23 Hard Shell Taco's w/Meat, Cheese, Lettuce & Tomato Black Beans Assorted Canned Fruit Fresh Fruit *Buffalo Chicken Wrap	24 Chicken & Waffles Mashed Potatoes Mixed Vegetables Assorted Canned Fruit Fresh Fruit *Bologna & Cheese Sandwich	25 "Breakfast for Lunch" French Toast Sticks Sausage Patty & Scrambled Eggs Hash Browns Carrots Assorted Canned Fruit Fresh Fruit *Turkey & Cheese BLT Sandwich	26 Buffalo Chicken or Cheese Pizza Tossed Salad Cucumbers Assorted Canned Fruit Fresh Fruit *EggSalad Sandwich
29 Salisbury Steak w/Buttered Noodles Seasoned Green Beans Dinner Roll Assorted Canned Fruit Fresh Fruit *Chicken Parmesan Sandwich	30 Fish & Chips w/Dinner Roll Coleslaw Mixed Vegetables Assorted Canned Fruit Fresh Fruit *Turkey Club	1 Chickrn Noodle Soup w/ Tomato Cups w/Dip Assorted Canned Fruit Fresh Fruit *Hot Dog on a Roll	2 Big Daddy Pizza Tossed Salad Glazed Carrots Assorted Canned Fruit Fresh Fruit *Meatball Hoagie	3 *Alternate Choice

***Alternate Choice**

A Chef Salad is offered daily

Carrots Sticks are offered daily

All lunches include 1/2 pint of FF Chocolate, FF Strawberry, or 1% White Milk

Non-discrimination Statement: "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.