

## SVRCS October Lunch Menu

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
			<u>Cheeseburger</u> 1 Salad Turkey&Cheese Hoagie-Elem Hot&Spicy Chicken Patty-HS Vegetables Fruit Milk	Breadsticks 2 Salad Turkey&Cheese Hoagie Marinara Sauce Vegetable Fruit Milk
Chicken Quesadilla 5 Salad Buffalo Chicken Wrap-HS Ham&Cheese Hoagie-Elem French Fries Vegetable Fruit Milk	Spaghetti&Meatsaucew/bread 6 Salad Buffalo Chicken Wrap-HS Ham&Cheese Hoagie-Elem Toss Salad Vegetable Fruit Milk	Popcorn Chicken Bowl w/bread 7 Salad Buffalo Chicken Wrap-HS Ham&Cheese Hoagie-Elem Mashed Potatoes Corn Fruit Milk	Hot Dog 8 Salad Buffalo Chicken Wrap-HS Ham&Cheese Hoagie-Elem French Fries Vegetable Fruit Milk	<b>No School</b> 9
Grilled Cheese 12 Salad Fish Sandwich French Fries Vegetable Fruit Milk	Cheeseburger Bowl 13 Salad Fish Sandwich Mashed Potatoes Vegetable Fruit Milk	Chicken Spaghetti w/bread 14 Salad Fish Sandwich Steamed Broccoli Vegetable Fruit Milk	Sloppy Joe 15 Salad Fish Sandwich French Fries Baked Beans Fruit Milk	Pizza 16 Salad Ham&Cheese Hoagie Vegetables Fruit Milk
Lasagna w/ bread 19 Salad Hot&Spicy Chicken Patty-HS PBJ Sandwich w/Cheese Stick Toss Salad Vegetable Fruit Milk	Beef&Noodles w/bread 20 Salad Hot&Spicy Chicken Patty-HS PBJ Sandwich w/Cheese Stick Vegetables Fruit Milk	Tuna Croissant Sandwich 21 Salad Hot&Spicy Chicken Patty-HS PBJ Sandwich w/Cheese Stick French Fries Vegetable Fruit Milk	Breakfast for Lunch 22 Salad PBJ Sandwich w/ Cheese Stick Hash Browns Vegetable Fruit Milk	Breadsticks 23 Salad PBJ Sandwich w/ Cheese Stick Marinara Sauce Vegetables Fruit Milk
Chicken & Waffles 26 Salad Buffalo Chicken Wrap-HS Turkey & Cheese Hoagie-Elem Mashed Potatoes Vegetable Fruit Milk	Walking Taco's 27 Salad Buffalo Chicken Wrap-HS Turkey & Cheese Hoagie-Elem Texas Carvier Vegetable Fruit Milk	Pork Bar B Que Sandwich 28 Salad Buffalo Chicken Wrap-HS Turkey & Cheese Hoagie-Elem Cole Slaw Vegetable Fruit Milk	Breakfast Sandwich 29 Salad Buffalo Chicken Mac&Cheese-HS <b>Turkey &amp; Cheese Hoagie-Elem</b> Hash Browns Vegetable Fruit Milk	Pizza 30 Salad Turkey & Cheese Hoagie <b>Vegetables</b> Fruit Milk

**\*Alternate Choice**

A Chef Salad is offered daily

Carrots Sticks are offered daily

All lunches include 1/2 pint of FF Chocolate, FF Strawberry, or 1% White Milk

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