

SVRCS September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Cheese Sandwich 1 Salads Chicken Tenders-Elem 2nd Western Burger-HS Tator Tots Glazed Carrots Fruit Milk	Chicken Patty 2 Salads Turkey&Cheese Hoagie-Elem Hot&Spicy Chicken Patty-HS Baked Beans Baked Corn Fruit Milk	Chicken Alfredo 3 Salads Western Burger-HS Ham&Cheese Sandwich-Elem Steamed Broccoli French Fries Fruit Milk	Cheese Breadsticks 4 Salads Turkey&Cheese Hoagie Steamed Peas Marinara Sauce Fruit Milk
7 NO SCHOOL	Grande Nachos 8 Salads Hot&Spicy Chicken Patty-HS PB&J Sandwichw/ Cheese Stick Refried Beans Lettuce&Tomatoes Fruit Milk	Grilled Cheese Sandwich 9 Salads Buffalo Chicken Wrap-HS PB&J Sandwich w/Cheese Stick Corn Carrot Sticks Fruit Milk	Tuna Noodle Casserole 10 Salads PB&J Sandwichw/ Cheese Stick Hot & Spicy Chicken Patty-HS Cucumbers Peas Fruit Milk	Pizza 11 Salads PB&J Sandwichw/ Cheese Stick Tomato Cup Bean Salad Fruit Milk
Meatball Hoagie 14 Salads Chicken Patty Sandwich Tator Tots Glazed Carrots Fruit Milk	Cheesebuger 15 Salads Ham&Cheese Pretzel Bun Baked Beans Broccoli Fruit Milk	Breakfast for Lunch 16 Salads Ham & Cheese Sandwich Hash Browns Baby Carrots Fruit Milk	Chicken Stir Fry 17 Salads Ham & Cheese Sandwich Rice Steamed Broccoli Fruit Milk	Chesse Breadsticks 18 Salads Ham& Cheese Sandwich Green Beans Marinara Sauce Fruit Milk
Beef & Noodles 21 Salads Turkey & Cheese Sandwich Buffalo Chicken Wrap-HS Peas Cucumbers Fruit Milk	Chicken Patty Sandwich 22 Salads Turkey & Cheese Sand Hot & Spicy Chicken Patty-HS French Fries Broccoli Fruit Milk	Chicken & Waffles 23 Salads Turkey & Cheese Sandwich Buffalo Chicken Wrap-HS Mixed Vegetables Mashed Potatoes Fruit Milk	<u>"Breakfast for Lunch"</u> 24 French Toast Sticks Sausage Patty & Scrambled Eggs Hash Browns Glazed Carrots Assorted Canned Fruit Fresh Fruit *Turkey & Cheese BLT Sandwich	Pizza 25 Salads Turkey & Cheese Sandwich Cucumbers Glazed Carrots
Chicken Tenders 28 Salads Ham & Cheese Hoagie Buffalo Chicken Wrap-HS French Fries Baked Beans Fruit Milk	Salisbury Steak 29 Salads Ham & Cheese Hoagie Buffalo Chicken Wrap-HS Noodles Steamed Broccoli Fruit Milk	Cheeseburger Bowl 30 Salads Ham & Cheese Hoagie Buffalo Chicken Wrap Mashed Potatoes Peas Fruit Milk		

***Alternate Choice**

A Chef Salad is offered daily

Carrots Sticks are offered daily

All lunches include 1/2 pint of FF Chocolate, FF Strawberry, or 1% White Milk

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